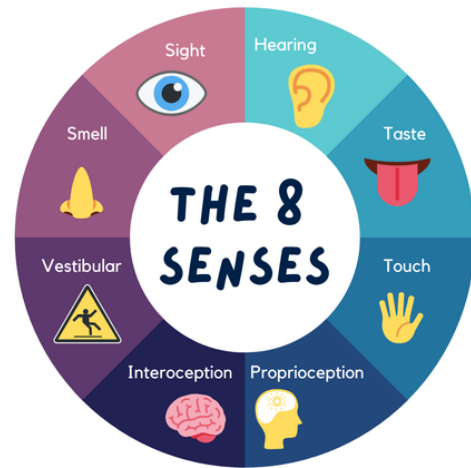
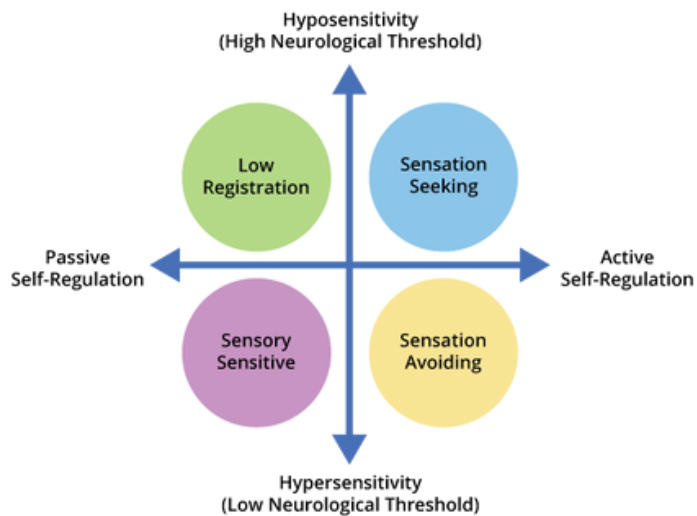


Activities for _____'s Sensory Diet



Sensation Seeking (high threshold/ active behaviors)

- Car obstacle course
- Dinosaur roar contest
- Alphabet letter hop
- Train track build and destroy

Low Registration (high threshold/ passive behaviors)

- Car races
- Dinosaur stomp
- Train ride
- Dance with props

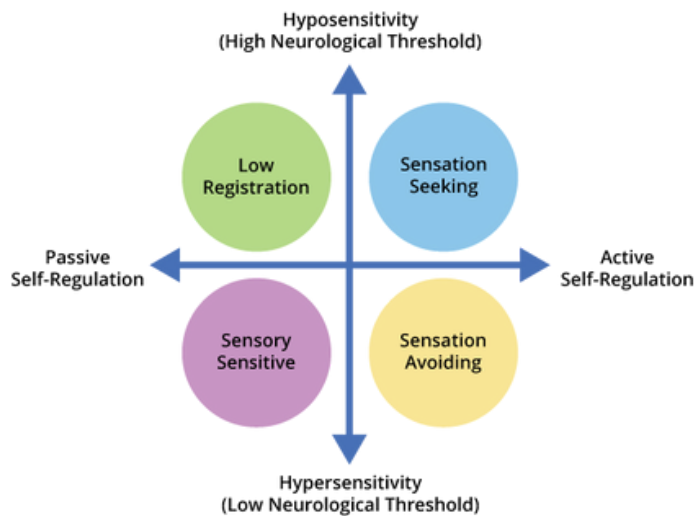
Sensation Avoiding (low threshold/ active behaviors)

- Textured car play
- Dinosaur dig
- Alphabet hide and seek
- Train sound matching

Sensory sensitive (low threshold/ passive behaviors)

- Car wash
- Dinosaur yoga
- Quiet letter search
- Train journey

Activities for _____'s Sensory Diet



Sensation Seeking (high threshold/ active behaviors)

Low Registration (high threshold/ passive behaviors)

Sensation Avoiding (low threshold/ active behaviors)

Sensory sensitive (low threshold/ passive behaviors)